

# Free Project December 2008

## Reverse Appliqué using Fusible Thread

### Project Requirements:

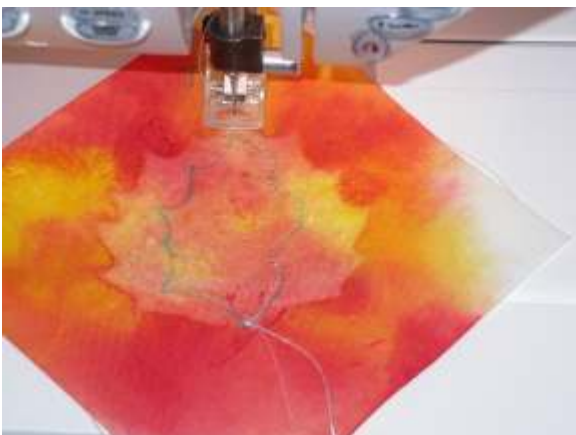
- ⌘ Top fabric (4½" square of sun fabric with leaf or other pattern on it)
- ⌘ Bottom fabric (2½" half square triangle unit)
- ⌘ Water Soluble fabric marking pen
- ⌘ Spool of Fusible Thread, wound onto bobbin.
- ⌘ Water soluble thread
- ⌘ 80/12 sharp sewing machine needle
- ⌘ Rayon embroidery thread
- ⌘ 50 wt in the bobbin for embroidery
- ⌘ Free motion foot
- ⌘ Open toe presser foot
- ⌘ Scissors
- ⌘ Steam iron

1) Begin with the fusible thread in the bobbin. I used a water soluble thread in the needle. You want the fusible thread to be on the back side of your fabric so it will fuse to the base.

Trace the outline of the opening to the top of the fabric with a water soluble marker.



2) Use the free motion foot and stitch around the traced lines.



Reverse Applique using Fusible Thread,\  
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3) This is what the back will look like. The fusible thread I am using here is one of the thickest ones. YLI and Superior Threads both have a great fusible thread.



4) Cut away the center portion right inside the stitched line.



5) Press over the bottom fabric (half square triangle) with a hot iron. I use steam. Press long enough so the fusible thread has a chance to become liquid and bond to the fabric underneath (about 3-4 seconds).



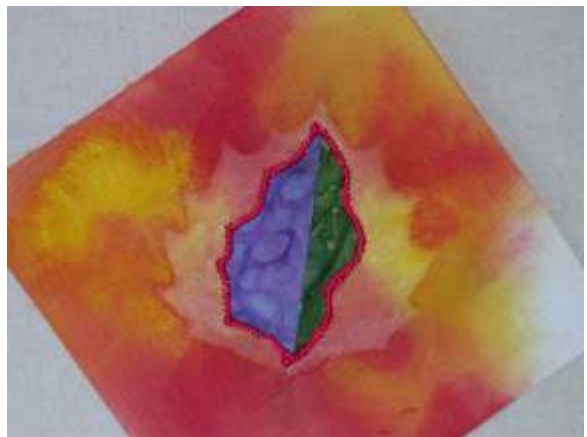
6) Spray the top with water to dissolve the water soluble thread.



7) Here's what it looks like once it is fused and the water soluble thread is dissolved.



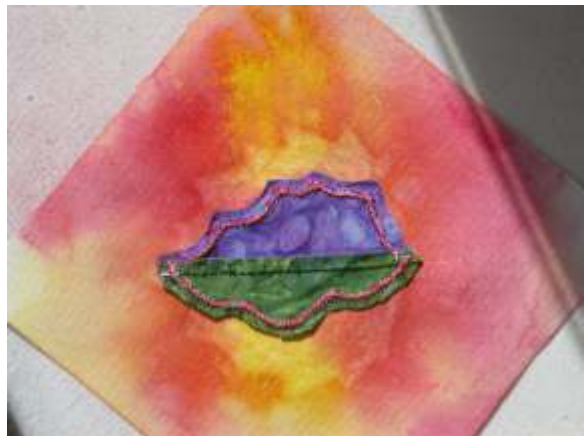
8) Satin stitch around opening.



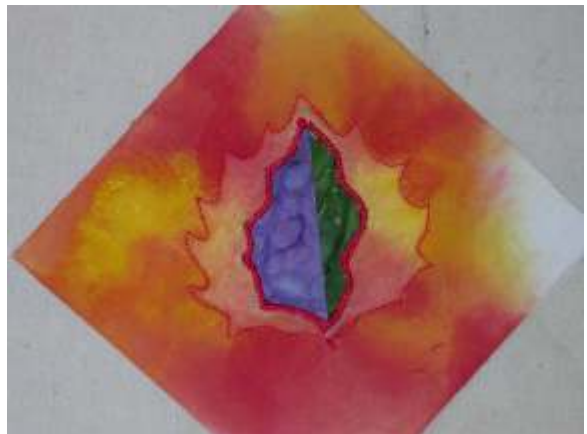
View of back side



9) Trim excess fabric from "under fabric".



10) Free motion stitch around the sun leaf.



The block can now be included in your quilt.